

## Leinster Pairs and u/12 and 13 Championships

A fantastic but long day for the club. With some members leaving at 5.45am to be on the track for 8am and still on the track at 5.30pm..... Happy but exhausted children are going home tonight. A great start to the day with the Boys u13 javelin Peter McDonald 2nd, Daniel Griffin 6th. Both boys have gone from strength to strength this year. And it's down to dedicated training regimes. Peter was awarded his first ever Leinster medal.

Doireann Knox delighted herself with 5th place in the Girls u13 javelin and shows promise for the future.

Keelin Roche was 5th in the u12 high jump and turned it all around to do a PB in the long jump thus securing all Ireland qualification

The U13 boys shot. What a result... Mark Wallis 1st, Tadhg Connelly 2nd and Joe Roche 4th. All three boys are through to the nationals in July. Daniel Griffin was 5th in the same event. All the boys have been training hard, having great banter and testing each others skills and stamina.

The Sports Complex shot putt circle gets plenty of use these days.

Boys u12 600m. Naoise Gilmartin and David Williams competed coming 4th in their respective heats. Running a heat and final of these middle distance races is pretty hard work. David qualified for the final. Finishing 4th as he was pipped 5m before the line. But ran the race if his life. Naoise was one place off qualifying for the final and we were a little disappointed that when one guy did not turn up for the final he was not notified to replace him. But a promising athlete who will be in that final next year.

Great run by Eve Dunphy and Aine O Callaghan in the girls u10 300 pairs. The girls finished 6th out of 38 teams. Eve finished 4th overall and Aine not far behind. Ones to watch for the future.

The club had four representatives in the girls u11. Caoimhe Phelan was 2nd in her heat of the 600m but it was not enough to secure the top 3 for her and Juliette Evans. In the same 600m both Grace Ramasamwy and Molly Long put in a sterling effort.

The boys u9 300m saw Alfie O Shea and Anil Ramasamwy storm down the track. Two talented boys. They finished 6th overall.

U10 Issac Carew and Harry Morrissey paired up for the 500m. Both performances were very good. We are still awaiting their results.

U11 boys pair of Ben Speedy Wallis and Eoin Gonzales Aylward zipped through the race like speedy Gonzales himself. Again we are awaiting results.

The u11 long jump pair of Shane Morrissey and Eoin Aylward were 6th.

The results of all the 60m have yet to come, where all the same paired athletes were represented.

Special thanks to Lar Gilmartin and June Long for acting as gate stewards. They are off the hook for the next Stewardship. I am sure we will be sorting out the offers for next year's stewards in a special room designed to handle over supply of volunteers.

Well done to all the athletes and parents for their representation today.